



Safeguarding Module

Bullying

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Bullying can occur in the home, which is a form of emotional abuse. The most significant form of abuse is peer on peer, which usually happens in schools or social clubs but also outside of these establishments among other children who attend these clubs and are in the bullied child's circle.

Two main types of bullying are:

- Physical Bullying : where other children or child physically hurt or harm a child by punching and kicking their victim.
- Emotional Bullying : this may be name calling, gaslighting, locking victim up in a cupboard, stealing from the victim, leaving intimidating messages, stalking, talking about the victim to steal friends away.

Cyberbullying

This is a form of Emotional abuse online and lots of children are falling prey to it.

It involves leaving hurtful, harmful, abusive and misleading messages about another person through txt or social media, email, or other messaging services.

This can also involve posting nude pictures, spreading untruths about a person on social media.

Cyberbullying can be very stressful for the victim, as they cannot take down the post about themselves, and can leave the victim's reputation damaged, their self worth and sense of safety is also damaged and can be devastating for the victim.

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Useful Links & Services



www.anti-bullyingalliance.org.uk



www.childline.org.uk



www.mind.org.uk



www.unicef.org



www.samaritans.org

